KLC

KINGDOM LIFE COMMUNITY

N'ABANDONNE JAMAIS 'TA VISION OU TON RÊVE

IGITABO CA GATATU

KWITEGURA: GUSENGA, KWIGA NO GUHARURA IBICIRO



Inzozi zihebujwe, ariko zishobora gutegurwa mu Mana!

Indongozi y'urwaruka mu kumenya, kurinda, gutegura no gushikana iyerekwa ryarwo mu nzira y'Ubwami bw'Imana

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URUHERE REKANE RW'IBITABO BITANDATU

N'ABANDONNE JAMAIS TA VISION OU TON RÊVE

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Nta gice c'iki gitabo gishobora gusubirwamwo, kubikwa canke gukwiragizwa mu buryo ubwo ari bwo bwose hatabanje uruhusha rwanditswe n'umwanditsi, kiretse ivyo bivuye mu gitabo bikoreshejwe mu nyigisho canke mu nsiguro, hamwe n'ukwerekana aho bivuye.

Ivyanditswe vya Bibiliya vyasiguwe mu majambo y'umwanditsi, kiretse aho bivuzwe ukundi.

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Ushaka ibitabo vyinshi bitandukanye vy'umwanditsi NDAYISENGA Wenceslas, raba k'Urubuga: https://bujumbura.bi

NDAGITUYE

Igitabu ndagituye urwaruka rwose rw'u Burundi n'abandi bose bafise inzozi mu mutima, ariko bakibaza nimba zishoboka.

Ntimuzigere muheba. Imana iracakora.

Ugushimira

Ndashimira mbere na mbere Imana Data, Umwami wacu Yesu Kristo na Mpwemu Yera, kubera ubuzima, umuhamagaro n'ubwenge bwampaye ubushobozi bwo kwandika ibi bitabo.

Ndashimira umuryango wanje, HABONIMANA Evelyne n'ibibondo, kubera ukwihangana, amasengesho n'ugushigikira kwabo; abagenzi banje bo muri Kingdom Life Community.

Ndashimira urwaruka twagendanye mu myaka myinshi: ibibazo vyanyu, amasengesho yanyu n'inzozi zanyu ni vyo vyatumye ibi bitabo bivuka.

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Ibirimwo

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Intangamarara y'iki gitabo

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"Imana ntiyigera ikoresha umuntu mu bikorwa bikomeye itabanje kumutegura mu bwihisho."

Hariho umugani ukunze kuvugwa ku giti c'umugano wo mu Bushinwa. Umurimyi aratera urubuto rwawo, akaruvomera buri munsi. Umwaka wa mbere, nta kintu na kimwe gisohoka mu gitaka. Umwaka wa kabiri, uwa gatatu, uwa kane… nta kintu. Ababanyi baramutwenga: "Uriko uravomera igitaka!" Ariko mu mwaka wa gatanu, mu ndwi nkeya gusa, umugano urasohoka ugakura imitero zirenga mirongo ibiri.

Ikibazo ni iki: uwo mugano wakuze mu ndwi nkeya, canke mu myaka itanu? Inyishu ni iyi: mu myaka itanu. Muri iyo myaka yose, wariko urakwiragiza imizi munsi y'igitaka, ahantu ata jisho ribona, kugira ngo uzoshobore guhagarara igihe uzoba muremure. Ni ko n'iyerekwa ryawe rimeze. Intsinzi abantu babona mu kanya gato yateguwe mu myaka myinshi batabona.

INGINGO NYAMUKURU Y'IKI GITABO

Igihe c'ukwitegura si igihe gitakaye. Ni igihe c'imizi. Ivyo wubaka mu bwihisho ni vyo bizogufata igihe uzoba uri ku mugaragaro.

Raba muri Bibiliya. Yesu yamaze imyaka nka mirongo itatu yitegura (Luka 3:23) kugira ngo akore umurimo w'imyaka nk'itatu yahinduye kahise k'isi. Mose yamaze imyaka mirongo ine aragira intama mu bugaragwa bwa Midiyani (Ivyakozwe 7:30) imbere y'uko Imana imurungika gukura Abisirayeli muri Egiputa. Yosefu yarose inzozi afise imyaka cumi n'indwi (Itanguriro 37:2), ariko yahagaze imbere ya Farawo afise imyaka mirongo itatu (Itanguriro 41:46): imyaka cumi n'itatu y'ukwitegura, myinshi muri yo mu bucakara no mw'ibohero. Paulo, inyuma yo guhinduka, yaragiye muri Arabiya, hanyuma amara imyaka itatu imbere yo gutangura umurimo wiwe ku mugaragaro (Abagalatiya 1:17-18). Imana ntiyihuta. Iraryohora.

Mu bitabo bibiri vya mbere, twabonye iyerekwa ico ari co, twararimenye, twararyanditse kandi twararisuzumye. Ubu dufise ishusho itomoye y'aho dushaka kuja. Ariko hagati y'iyerekwa n'ukurishikako hari ikiraro abantu benshi birengagiza: **kwitegura**. Hariho iciyumviro gikunze kwitirirwa Abraham Lincoln, umukuru w'igihugu ca Amerika: "Umpaye amasaha atandatu yo gutema igiti, nomara ane ya mbere nrtyaza ishoka." Abantu bafise inzozi zikomeye si bo bonyene bashika. Abashika ni abemeye gurtyaza ishoka.

Wibuke Kwizera (inkuru y'akarorero), umusore twavuze mu gitabo ca mbere. Afise imyaka mirongo ibiri n'ibiri, yahejeje amashure yisumbuye, kandi yipfuza kuzoba umuhinga mu vyo gusana ibikoresho vy'umuyagankuba, akazokwugurura iduka rito mu gisagara ciwe. Iyerekwa ryiwe riratomoye. Ariko ntazi ingene azotangura, ivyo azokenera kwiga, canke ico bizomusaba. Nimba atiteguye, iyerekwa ryiwe rizoguma ari inzozi nziza gusa. Turamukurikira muri iki gitabo cose.

Iki gitabo ca gatatu kirashingiye ku nkingi zitatu z'ukwitegura. Kugira ngo uzizibukire, nazigereranije n'ibice bitatu vy'umubiri:

- **Amavi: gusenga.** Ni ho twumvira Imana, tukaronka icerekezo, umutima usukuye n'ubutwari.
- **Umutwe: kwiga.** Ni ho turonkera ubumenyi n'ubuhanga bituma iyerekwa rishoboka.
- **Amaboko: guharura ibiciro no gutegura.** Ni ho iyerekwa rihinduka intambwe zifadika z'uyu munsi.

Uwusenga ariko ntiyige aba ari umunyamwete atagira ubushobozi. Uwiga ariko ntasenge aba ari umuhinga atagira icerekezo. Uwusenga kandi akiga, ariko ntategure, aba afise inzozi nziza zitazoshika. Ivyo bitatu birajana: isengesho riratwereka inzira, ukwiga kuraduha ubushobozi, umugambi uraduha intambwe zifadika.

Ku mpera y'igitabo, uzosanga igicapo co guharura ibiciro, igicapo c'isuzuma ry'ingorane, igicapo c'intumbero z'iminsi mirongo itatu, n'indongozi y'iminsi indwi. Ntusome gusa: andika, uzuza, kandi ukore.

ICITONDERWA

Ivyanditswe vya Bibiliya muri iki gitabo vyinshi vyasiguwe mu majambo y'umwanditsi. Turagusavye kubisoma muri Bibiliya yawe kugira ngo urabe amajambo nyayo n'ico ikiyago kivuga. Ivyiyumviro vy'abandi banditsi na vyo vyasiguwe mu majambo y'umwanditsi; aho tuvuga ngo "bivugwa ko" canke "bikunze kwitirirwa", ni uko inkomoko y'ayo majambo itemezwa neza. Inkuru zivugwa ngo "inkuru y'akarorero" zaremwe kugira zigishe; izindi nkuru (Hudson Taylor, William Kamkwamba, Ben Carson, Nelson Mandela) ni iz'abantu nyabo.

3.1 Gusenga kugira ngo witegure gutangura

———

"Isengesho ntiriduteguriza igikorwa gikomeye;
isengesho ni co gikorwa gikomeye ubwaryo."
— OSWALD CHAMBERS (ICIYUMVIRO CASIGUWE)

Ikibazo c'urwaruka

Benshi muri twebwe dusenga nk'uko umuntu ajana urutonde rw'ivyo akeneye kw'iduka: "Mana mpa akazi, mpa amahera, mpa intsinzi." Abandi basenga nk'uko umuntu akanda akabuto k'amatara: igihe ibintu vyacitse gusa. Nta kibi kiri mu gusaba Imana; ni yo ubwayo idutumirira kuyishikiriza ivyo dukeneye vyose (Abafilipi 4:6). Ariko iyo isengesho ryacu rigarukira ngaho, turibagira ikintu gihambaye: isengesho si igikoresho co kuronka ivyo dushaka gusa. Ni ahantu Imana iduhindura kugira ngo tube abantu bashoboye kwakira no gucungera ivyo ishaka kuduha.

Insiguro

Isengesho si uburyo bwo guhunga ibikorwa kugira tubeho ubuzima bworoshe. Ni ahantu Imana idutegurira gukora. Mu gihe dusengera iyerekwa ryacu, isengesho rirakora ibintu bine:

- **Kumenya ugushaka kw'Imana:** turayibaza ico ishaka, aho gusaba gusa ko yemeza ivyo twamaze guhitamwo.
- **Gusukura umutima:** Imana iratwereka ivyipfuzo vyacu bitari vyiza, nk'ubwibone, ishari canke ugukunda amahera, imbere y'uko vyonona iyerekwa.
- **Kuronka ubwenge n'ubutwari:** turasaba ubushobozi bwo gufata ingingo nziza no gutangura naho dutinya.
- **Kwemera kwihangana:** Imana iraduhumuriza kandi ikadukomeza mu gihe ibintu bigenda buhoro buhoro.

Isengesho rikwiye kugenda ryuzuzwa n'ibikorwa: dusenga dukora, dukora dusenga. Umurimyi asenga asaba imvura, ariko ararima. Umunyeshure asenga asaba gutsinda ikibazo, ariko ariga. Imvura iguye ku murima utarimwe ntizana ivyimburo.

Isengesho ni co gikorwa nyamukuru

Oswald Chambers, umwe mu banditsi b'abakristo basomwe cane mu kinjana ca mirongo ibiri, mu gitabo ciwe *My Utmost for His Highest*, yanditse ko isengesho atari ukwitegurira igikorwa gikomeye, ahubwo ko isengesho ubwaryo ari co gikorwa gikomeye. Iciyumviro gihindura vyose: igihe umara usengera iyerekwa ryawe si igihe "utakaza" imbere y'uko ibikorwa nyabikorwa bitangura. Ni co gikorwa ca mbere kandi gihambaye kuruta ibindi.

Bivugwa ko Martin Luther, umugabo yahinduye kahise k'ishengero mu kinjana ca cumi na gatandatu, yavuze ati: "Mfise ibikorwa vyinshi cane uyu munsi, ku buryo ntegerezwa kumara amasaha atatu ya mbere nsenga." Twebwe kenshi tuvuga duti: "Mfise ibikorwa vyinshi, sinshobora kuronka umwanya wo gusenga." Luther yabona isengesho nk'isoko y'inkomezi zo gukora; twebwe tubona isengesho nk'ikintu kidutwara umwanya.

E. M. Bounds, mu gitabo ciwe *Power Through Prayer*, yibukije ko abantu bahora barondera uburyo bushasha, ariko Imana yo irondera abantu beza. Imana ntikeneye gusa uburyo bwiza bwo gushikana iyerekwa ryawe; ikeneye wewe uhindutse. Kandi ivyo bihindukira cane cane ku mavi.

Imana iriko irakora imbere yawe

Henry Blackaby na Claude King, mu gitabo *Experiencing God* cafashije abantu amamiliyoni kw'isi yose, barerekanye ko Imana iguma ikora mw'isi idukikije, kandi ko idutumirira kwifatanya na yo aho iriko irakorera. Ivyo bihindura ingene dusenga ku vyerekeye iyerekwa. Aho gusaba gusa Imana ngo ihezagire imigambi yacu, turayibaza tuti: "Ni hehe uriko urakorera? Ni gute nshobora kwifatanya nawe?" Isengesho rihinduka ukwitegereza, atari ugutanga urutonde gusa.

Isengesho rirahindura uwusenga

Richard Foster, mu gitabo ciwe *Celebration of Discipline*, yanditse ko gusenga ari uguhinduka: iyo dusenga, Imana itangura kuduhindura kugira dushobore kwiyumvira ivyiyumviro vyayo. Ivyo bisobanura ko isengesho ritagamije guhindura Imana ngo yemere ivyo dushaka, ahubwo rigamije kuduhindura ngo twemere ivyo Yo ishaka. Igihe dusengera iyerekwa ryacu, ico Imana ikunda gukora mbere na mbere ni ugusukura imitima yacu.

Myles Munroe, mu gitabo *Understanding the Purpose and Power of Prayer*, na we yigishije ko isengesho atari uburyo bwo kwinginga Imana ngo ikore ivyo idashaka, ahubwo ari uburyo bwo kwifatanya na yo kugira ngo ugushaka kwayo gushike kw'isi. Ni co Yesu yatwigishije gusaba: "Ugushaka kwawe kube mw'isi nk'uko kuri mw'ijuru" (Matayo 6:10).

> **MYLES MUNROE**
> *Isengesho ni ugufatanya n'Imana, si ukuyihatira. Turasenga kugira ngo ugushaka kwayo kube mu buzima bwacu no mw'isi. (Iciyumviro casiguwe mu majambo yacu)*

Senga ukikuje inzozi zawe

Mark Batterson, umushumba w'ishengero ry'i Washington, mu gitabo ciwe *The Circle Maker*, avuga inkuru ya kera y'Abayuda ivuga ivya Honi, umugabo yaciye uruziga ku gitaka mu gihe c'amapfa, akiyemeza kutarusohokamwo gushika Imana irungitse imvura. Batterson akoresha iyo nkuru kugira ngo yigishe ko dukwiye "gukikiza n'amasengesho" inzozi zacu: kuzisengera mu buryo butomoye, buri gihe, kandi tudaheba.

Ntitwigana uwo mugabo nk'aho twoshobora gutegeka Imana. Ariko turigira kuri we umutima w'ukwizera kudahemuka: "Ndazokwama nsengera iri yerekwa gushika Imana inyishuye", n'iyo yonyishura iti "oya", canke iti "rindira." Isengesho ry'umunsi umwe ntirishobora kuzana ivyo isengesho ry'imyaka itatu rizana.

Uburyo bworoshe bwo gusengera iyerekwa ryawe

- **Gushima:** tangura ushimira Imana ku vyo yamaze gukora. Gushima kurakingura umutima.
- **Kwatura:** yereka Imana ivyipfuzo bitari vyiza n'ivyaha vyawe.
- **Kwumviriza:** soma igice gito ca Bibiliya, wibaze ico Imana iriko irakubwira.
- **Gusaba:** saba ubwenge, ubutwari, abajenama, n'intambwe ikurikira.
- **Kwiyegurira:** shikiriza Imana imigambi yawe, wemere ko ishobora kuyihindura.
- **Kwandika:** andika ivyo wumvise n'intambwe uzotera. Wino ifise intege nke iraruta ubwibuke bukomeye.

Ubu buryo si itegeko. Ni ubufasha bwo kugira ngo isengesho ryawe ritagarukira ku gusaba gusa.

Kwisonzesha n'ugusenga

Nehemiya yarisonzesheje kandi arasenga (Nehemiya 1:4). Kwisonzesha ni uburyo bwo kwerekana ko dushaka Imana kuruta ivyo umubiri ushaka. Ntigikwiye kuba uburyo bwo "guhatira" Imana kwemera ivyiyumviro vyacu. Nimba ufise ikibazo c'amagara, banza ubaze umuganga imbere yo kwisonzesha, kandi wibuke ko hariho n'ubundi buryo bwo kwisonzesha: nk'ukureka telefone, imbuga ngurukanabumenyi canke ibindi bisamaza mu gihe runaka, kugira ngo uronke umwanya wo kuba imbere y'Imana.

Ishingiro rya Bibiliya

> **Nehemiya 1 na 2**
> *Nehemiya yumvise ko ikingi z'i Yerusalemu zasenyutse, yaricaye ararira, amara iminsi yisonzesheje kandi asenga. Inyuma y'amezi nk'ane, umwami amubajije ico ashaka, yasenze Imana yo mw'ijuru mu mutima ako kanya, hanyuma ashikiriza umwami umugambi utomoye: igihe azomara, inzandiko akeneye, n'ibiti vyo kwubaka. (Insiguro yacu)*

Inkuru ya Nehemiya iratwereka uburinganire bwiza hagati y'isengesho n'umugambi. Raba neza: yamaze amezi nk'ane asenga, kandi muri ayo mezi yariko arategura. Igihe umwami amubajije ico ashaka, ntiyabuze inyishu. Kandi muri ako kanya nyene, imbere yo kunyishura, yarasenze isengesho rigufi ry'umutima (Nehemiya 2:4), nk'umwampi urashwe mw'ijuru. Nehemiya yasenze igihe kirekire mu bwihisho, kandi asenga isengesho rigufi imbere y'umwami.

Isengesho ryiwe ntiryamubujije gutegura; ryaramufashije gutegura. Abantu benshi basaba Imana akaryo keza, ariko igihe kaje ntibaba biteguye kugakoresha. Ibuka iyi ngingo: **akaryo ntikategura umuntu; kerekana gusa nimba yari yiteguye.**

> **Mariko 1:35**
> *Mu gitondo kare, hakiri umwijima, Yesu yaravyutse aja ahantu hihererereye, arasenga. (Insiguro yacu)*

Yesu, Umwana w'Imana, yarafata umwanya wo gusenga imbere y'imisi yiwe y'ibikorwa vyinshi. Nimba we yarabikora, twebwe turabikeneye kuruta.

> **Luka 6:12-13**
> *Muri iyo misi, Yesu yaragiye ku musozi gusenga, amara ijoro ryose asenga Imana. Bukeye, ahamagara abigishwa biwe, atoramwo cumi na babiri. (Insiguro yacu)*

Ingingo ya mbere ikomeye Yesu yafashe mu murimo wiwe, ni ukuvuga gutora abo bazokorana, yayibanjirije ijoro ryose ry'isengesho. Iyo ufise ingingo ikomeye yo gufata ku vyerekeye iyerekwa ryawe (uwo muzofatanya, aho uzoshira amahera yawe, ishure uzokwiga), kurikiza akarorero kiwe: banza usenge, hanyuma uhitemwo.

> **Imigani 16:3**
> *Shikiriza Uhoraho ibikorwa vyawe, imigambi yawe izoshika. (Insiguro yacu)*

Uyu murongo ntiwemeza ko umugambi wose uzoshika uko tubishaka. Urerekana ko iyo dushikirije Imana ibikorwa vyacu, tukemera ko iyobora, imigambi yacu irakomera kandi ikagira icerekezo ciza. Imigani

16:9 iradusobanurira neza: umuntu ategura inzira yiwe mu mutima, ariko Uhoraho ni we ayobora intambwe ziwe.

Akarorero

Hudson Taylor (inkuru nyakuri). Hudson Taylor (1832-1905), umumisiyonari w'Umwongereza yashinze ishirahamwe *China Inland Mission*, yari afise iyerekwa ryo gushikana Inkuru Nziza mu ntara z'imbere mu Bushinwa. Imbere yo kugenda, yaratahuye ikintu gihambaye: nimba atashobora kwizera Imana aho ari mu Bwongereza, ntazoshobora kuyizera mu Bushinwa. Igihe yakora nk'umufasha w'umuganga mu gisagara ca Hull, yafashe ingingo yo kubaho mu buryo bworoshe cane, kandi yiyemeza ko n'igihe umukoresha wiwe yibagiye kumuhemba, atazomwibutsa, ahubwo azobibwira Imana mu isengesho gusa. Yashaka kwiga gukora ku mitima y'abantu biciye ku Mana, mw'isengesho.

Imana yaramwishuye incuro nyinshi. Inyuma, ishirahamwe yashinze ryarungitse abamisiyonari amajana mu Bushinwa. Ukwizera kwiwe kwakomeye mu bwihisho imbere y'uko kwerekanwa ku mugaragaro. Ivyo wigira ku mavi uyu munsi ni vyo bizogufata ejo igihe isuri rizosuriranya.

Iradukunda (inkuru y'akarorero). Iradukunda yari ashaka gutangura ishirahamwe rifasha abana b'impfuvyi gusubira ku mashure. Imbere yo gutangura, yarafashe iminsi mirongo ine akora ibintu bibiri buri gitondo: gusenga iminota mirongo ibiri, no kwandika ivyiyumviro biva muri iryo sengesho. Muri iyo minsi, yarabonye ko akeneye kubanza kwiga ivyo gutunganya amashirahamwe, kandi ko akeneye umufatanyabikorwa azi ivyo gucunga amahera. Isengesho ryiwe ntiryamuhaye amahera ako kanya; ryamuhaye ubwenge bwo kumenya intambwe ya mbere. Kandi intambwe ya mbere nziza irafise agaciro kuruta amahera menshi akoreshejwe nabi.

Amakosa yo kwirinda

- Gusenga gusa ntukore, nk'aho Imana izokora igice cawe.

- Gukora gusa ntusenge, nk'aho vyose bishingiye ku nkomezi zawe.
- Gusenga usaba Imana kwemeza ingingo wamaze gufata, utiteguye kwumviriza.
- Guheba gusenga kubera ko inyishu itaje vuba. Kurindira na yo ni inyishu.

Intambwe ngirakamaro

- Shiraho igihe ca buri munsi co gusenga ku vyerekeye iyerekwa ryawe, n'iyo coba iminota cumi. Ugihe nk'umubonano udashobora kuheba.
- Gira igitabo c'amasengesho: andika ivyo usaba, ivyo wumva, n'ivyo ubona Imana ikora. Mu mezi atandatu, kizoba ari ikimenyetso c'ubwizigirwa bwayo.
- Imbere y'ingingo yose ikomeye, fata umwanya wihariye wo gusenga, nk'uko Yesu yabigize imbere yo gutora abigishwa.
- Iyo usenze, rangiza ubaza uti: "Ni iyihe ntambwe imwe nkwiye gutera uyu munsi?"

Ibibazo vyo kwiyumvira

- Amasengesho yawe ya none ni ayo gusaba gusa, canke ni n'ayo kwumviriza?
- Hari ikintu Imana yakweretse mu masengesho, ariko utarakora?
- Nimba Imana yohindura ikintu kimwe mu mutima wawe imbere y'uko iyerekwa ryawe rishika, coba ari ikihe?

ISENGESHO

Mwami Yesu, ndakwigana mu gusenga. Unyigishe gusenga si ukugira ngo mpunge ibikorwa, ariko kugira ngo nitegure kubikora neza. Mpa umutima wumva, amaso abona, n'amaguru ateye intambwe. Amen.

Isengesho riratwereka inzira, ariko kenshi riratwereka ko dukeneye kwiga. Ni co gituma ingingo ikurikira ivuga ivyo kwongereza ubumenyi n’ubuhanga.

3.2 Kwongereza ubumenyi n'ubuhanga

———

"Abantu banje barahonyowe no kubura ubumenyi."
— HOSEYA 4:6 (INSIGURO YACU)

Ikibazo c'urwaruka

"Ndashaka gutangura ubucuruzi, ariko sinzi guharura inyungu." "Ndashaka kuba umuvugizi mwiza, ariko sinsoma ibitabo." "Ndashaka akazi keza, ariko simfise ubuhanga busabwa." Ivyo ni vyo bibazo urwaruka rwinshi rufise. Iyerekwa ritagira ubumenyi rimeze nk'imodoka nziza itagira amavuta: irashimisha amaso, ariko ntishobora kuva aho iri.

Kandi hariho ikinyoma gikomeye gihagarika benshi: "Kubera ko ntize kaminuza, sinshobora kugira ico nshikako." Muri iki gice, uzobona abantu nyabo bize bafise bike cane, bagahindura ubuzima bwabo n'ubw'abandi. Ubumenyi bwa none ntibukiri mu nzu z'amashure gusa. Bwategereje uwemera kubukurikira.

Insiguro

Umwanditsi w'igitabo c'Umusiguzi yanditse ko iyo ishoka irtyaye nabi, umuntu akoresha inkomezi nyinshi, ariko ubwenge buratuma ashika ku ntsinzi (Umusiguzi 10:10). Ubumenyi n'ubuhanga ni ugurtyaza ishoka. Uwurtyaje ishoka akora bike, agashika kure.

Stephen Covey, mu gitabo ciwe *The 7 Habits of Highly Effective People* casomwe n'abantu amamiliyoni mirongo, avuga inkuru y'umuntu amaze amasaha atanu akerereza igiti n'urukero rutagikata. Bamubwiye ngo afate iminota mike yo kururtyaza, aranyishura ati: "Sinshobora kuronka umwanya; mfise igikorwa kinini cane!" Covey yise ingeso ya y'indwi y'abantu bashika ku ntsinzi "gurtyaza urukero": kwitwararika gukura no kwiyubaka buri gihe, mu mubiri, mu bwenge, mu mutima no mu mpwemu.

Kwiga ntibigarukira mu mashure. Ushobora kwiga mu buryo bwinshi:

- **Gusoma:** ibitabo, ibinyamakuru vyiza, inyandiko zo kuri internet zizigiwe.
- **Inyigisho:** amashure y'imyuga, inyigisho zo kuri internet zitagira ikiguzi canke zifise ikiguzi gitoyi.
- **Gukora:** kwimenyereza mu bikorwa vy'abandi, kwitanga (bénévolat), gukora ibikorwa bitoyi.
- **Kwumviriza abafise ubunararibonye:** kubaza ibibazo, kwitegereza ingene bakora.
- **Kwiga mu makosa yawe:** gusubiramwo ivyo wakoze, kugira umenye ico wohindura.

Kwiga ntigikwiye kuba igikorwa c'umwanya muto. Gikwiye kuba ingeso y'ubuzima bwose. John C. Maxwell, umwe mu banditsi bazwi cane kw'isi ku vy'ubuyobozi, mu gitabo ciwe *The 21 Irrefutable Laws of Leadership*, yise ivyo "Itegeko ry'Intambwe": ubushobozi bukura buri munsi, ntibukura mu munsi umwe. Umuntu ahagarika kwiga atangura gusubira inyuma, naho yoba atabibona.

Bize bafise ubukene: inkuru nyakuri zitatu

William Kamkwamba (Malawi). Mu mwaka wa 2001, amapfa akomeye yateye igihugu ca Malawi. William, umuhungu w'imyaka cumi n'ine, yarahevye ishure kubera ko abavyeyi biwe batari bagishoboye kuriha amafaranga y'ishure. Aho kwihebura, yatanguye kuja mw'isomero rito ry'ishure ryo mu kibanza ciwe. Ngaho yasanze igitabo c'icongereza kivuga ivyerekeye inguvu z'umuyaga, gifise amashusho y'imashini z'umuyaga. Icongereza ciwe cari gike, ariko yarize akoresheje amashusho. Akoresheje ibice vy'igare rishaje, ibiti n'ivyuma yatoraguye, yubatse imashini y'umuyaga yazanye umuyagankuba mu nzu y'abavyeyi biwe. Abantu b'ikibano ciwe babanje kumwita umusazi. Inyuma, inkuru yiwe yaramenyekanye kw'isi yose, arasubira kwiga, ahava aronka impamyabushobozi muri kaminuza ya Dartmouth muri Amerika. Mu gitabo ciwe *The Boy Who Harnessed the Wind*, yerekana ko ivyo yari akeneye vyari ibintu bitatu: inzozi, igitabo kimwe, n'umutima wo kugerageza.

Ben Carson (Amerika). Mu mwaka wa gatanu w'ishure, Ben Carson yari uwa nyuma mu kibano ciwe; abanyeshure bagenziwe baramutwenga bamwita igipfu. Nyina, Sonya, yari umukozi wo mu nzu atize amashure menshi kandi yarera abahungu biwe wenyene. Ariko yarafashe ingingo: abahungu biwe bazoraba televiziyo gake, kandi buri ndwi bazosoma ibitabo bibiri vyo mw'isomero, bandike ivyo basomye. Mu myaka mike, Ben yavuye ku mwanya wa nyuma ashika ku wa mbere. Inyuma yabaye umuganga w'ubwonko bw'abana azwi kw'isi yose, akuriye igisata ca kaminuza y'ibitaro vya Johns Hopkins afise imyaka mirongo itatu n'itatu gusa. Mu gitabo ciwe *Gifted Hands*, ashimira nyina n'ibitabo bibiri vya buri ndwi.

Nelson Mandela (Afurika y'Epfo). Mu myaka mirongo ibiri n'indwi yamaze mw'ibohero, Mandela ntiyahevye kwiga. Abafungwa b'i Robben Island bita iryo bohero "kaminuza", kubera ko bigishanya. Mandela yaronkeye impamyabushobozi y'amategeko akiri mw'ibohero, mu 1989. Igihe yasohoka, ntiyari umuntu yaruhiye mw'ibohero gusa; yari umuyobozi yiteguye kuyobora igihugu. Bikunze kwitirirwa Mandela iyi mvugo: "Indero n'ubumenyi ni co kirwanisho gikomeye kiruta ibindi wokoresha uhindura isi."

ICO IZO NKURU ZITATU ZITWIGISHA

Kamkwamba ntiyari afise ishure. Carson ntiyari afise amahera. Mandela ntiyari afise umwidegemvyo. Ariko bose uko ari batatu bari bafise ikintu kimwe: bafashe ingingo yo kwiga n'ivyo bari bafise. Ico udafise si co kizogena kazoza kawe; ico uzokora n'ivyo ufise ni co kizokagena.

Ivyiyumviro vy'ugukura

Carol Dweck, umuhinga mu vy'imitima n'ivyiyumviro vy'abantu (psychologue) muri kaminuza ya Stanford, mu gitabo ciwe *Mindset*, yaratandukanije uburyo bubiri bwo kwiyumvira. Ubwa mbere ni "ivyiyumviro bihagaze": umuntu yibaza ko ubwenge n'ubushobozi bwiwe vyagenywe, ko atashobora kubihindura. Uwo muntu arahunga ibigeragezo, aratinya amakosa, kandi yihebura vuba. Ubwa kabiri ni "ivyiyumviro vy'ugukura": umuntu yizera ko ashobora gukura biciye

mu mwete, mu buryo bwiza bwo kwiga no mu bufasha bw'abandi. Uwo muntu abona amakosa nk'icigwa, n'ingorane nk'akaryo ko gukura.

Dweck yerekana ko ijambo rito rishobora guhindura vyose: "sindabimenya." Kuvuga ngo "Sinshobora kwiga icongereza" bifunga umuryango. Kuvuga ngo "Sindamenya icongereza" bisiga umuryango ukinguye. Ku mukristo, ivyiyumviro vy'ugukura birahuye n'ukuri kw'Ijambo ry'Imana: Imana iratubumba nk'umubumvyi abumba ibumba (Yeremiya 18:1-6), iraduhindura buhoro buhoro (2 Abakorinto 3:18), kandi idusaba gukura mu buntu no mu kumenya Umwami wacu (2 Petero 3:18).

Umwete uraharurwa incuro zibiri

Angela Duckworth, umushakashatsi wo muri kaminuza ya Pennsylvania, mu gitabo ciwe *Grit*, yarize abanyeshure, abasoda, abacuruzi n'abakinyi. Yasanze ico gituma bamwe bashika ku ntsinzi atari ubuhanga bavukanye, ahubwo ari ivyo yise "grit": ugukunda intumbero imwe igihe kirekire, hamwe n'ukwihangana kudahemuka.

Duckworth yerekana ko mu rugendo rwo gushika ku ntsinzi, umwete uraharurwa incuro zibiri. Ubuhanga bavukana hamwe n'umwete bivamwo ubuhanga nyabuhanga; ubuhanga nyabuhanga hamwe n'umwete kandi bivamwo ivyo umuntu ashikako. Ivyo bisobanura ko umuntu afise ubushobozi buringaniye ariko akagira umwete udahemuka ashobora kurenga uwavukanye ubushobozi bwinshi ariko akaba umunebwe.

Kwimenyereza gufise intumbero

Benshi bumvise ivyo "amasaha ibihumbi cumi" yamamajwe na Malcolm Gladwell mu gitabo *Outliers*: ngo umuntu wese amaze amasaha ibihumbi cumi akora ikintu aca aba umuhinga. Ariko Anders Ericsson, umushakashatsi yamaze imyaka mirongo yiga ingene abantu baba abahinga, kandi ari we Gladwell yakuyeko ico civyiyumviro, yerekanye mu gitabo *Peak* (yanditse afatanije na Robert Pool) ko ubuhanga budaterwa n'umubare w'amasaha gusa, ahubwo n'uburyo bwiza bwo kwimenyereza. Ubwo buryo yabwise "kwimenyereza gufise intumbero" (deliberate practice). Bufise ibimenyetso bine:

- **Intumbero itomoye:** ntuvuga ngo "nzokwiga icongereza," ahubwo "uyu munsi ndiga amajambo cumi akoreshwa kw'isoko."
- **Kwitwararika:** ukora udasamara, n'iyo hoba iminota mirongo itatu gusa.
- **Kuronka insiguro y'ivyo wakoze:** umuntu akwereka aho wakoze neza n'aho ukwiye guhindura.
- **Kurenga ivyo usanzwe uzi:** ukora ikintu kigoye gato kuruta ivyo usanzwe ushobora.

Umuntu amaze imyaka cumi akora ikintu kimwe ku buryo bumwe ntaba yararonse ubunararibonye bw'imyaka cumi; aba yasubiyemwo umwaka umwe incuro cumi.

Ba umuhinga ku buryo batazoshobora kukwirengagiza

Cal Newport, umwigisha wa kaminuza ya Georgetown, mu gitabo ciwe *So Good They Can't Ignore You*, arwanya iciyumviro gikunzwe ngo "kurikira ivyo ukunda, ibindi bizoza." Yerekana ko, ku bantu benshi, ugukunda igikorwa kutabashikana imbere, ahubwo gukwirikira ubuhanga. Iyo umaze kuba umuhinga mu kintu, uraronka ico yise "ubutunzi bw'ubuhanga": ubuhanga bufise agaciro abandi bakeneye. Ubwo butunzi ni bwo bukwugururira imiryango, bukaguha umwidegemvyo wo guhitamwo, kandi kenshi ni ho ugukunda igikorwa kwawe kuvukira.

Ivyo birahuye n'ijambo rya Bibiliya: "Uraba umuntu w'umuhinga mu bikorwa vyiwe? Azohagarara imbere y'abami" (Imigani 22:29). Ntutegereze ko abantu bakubona imbere y'uko ubuhanga bwawe buboneka. Ba mwiza cane mu vyo ukora, ku buryo kukwirengagiza bigora.

Ingene wokwiga ufise amahera make

- Koresha amasomero y'amashure, y'amashengero n'ay'amashirahamwe. Isomero rimwe ryahinduye ubuzima bwa William Kamkwamba.
- Ba umwigishwa w'umuhinga: saba gufasha umuntu azi ikintu ukeneye kwiga, n'iyo woba udahembwa mu ntango.

- Koresha telefone yawe nk'ishure: inyigisho nziza z'ubuntu zirahari, ariko hitamwo amasoko yizigirwa kandi wirinde kumara umwanya mu bitagira akamaro.
- Shinga umugwi w'ukwigira hamwe: abagenzi batatu canke bane biga ikintu kimwe barashobora gufashanya, nk'abafungwa b'i Robben Island.
- Inyuma yo gusoma canke kwumva inyigisho, andika ivyo wize mu majambo yawe, hanyuma ubibwire uwundi. Kwigisha abandi ni bumwe mu buryo bwiza bwo kwiga.

Ishingiro rya Bibiliya

> **Luka 2:52**
> *Yesu yarakura mu bwenge no mu gihagararo, kandi agashimwa n'Imana n'abantu. (Insiguro yacu)*

Naho yari Umwana w'Imana, Yesu yarakuze buhoro buhoro. Yarize, akora umwuga w'ububaji, yumviriza abigisha kandi ababaza ibibazo (Luka 2:46). Nimba we yemeye gukura mu bwenge, twebwe nta mpamvu yo kwibaza ko tuzi vyose.

> **Kuvayo 31:1-5**
> *Uhoraho yatoye Besaleli, amwuzuza Mpwemu w'Imana, amuha ubwenge, ugutahura n'ubumenyi mu bikorwa vy'amaboko vyose: gutunganya izahabu, ifeza n'umuringa, kubaza amabuye n'ibiti. (Insiguro yacu)*

Umuntu wa mbere Bibiliya ivuga ko yujujwe Mpwemu w'Imana si umuhanuzi canke umuherezi; ni umuhinga mu bikorwa vy'amaboko. Ivyo bitwigisha ko ubuhanga bwo mu kazi bushobora kuba ingabire y'Imana. Gusana ibikoresho vy'umuyagankuba, guharura ibitabo vy'amahera, gutunganya imyambaro canke kwigisha neza: vyose bishobora kuba igikorwa c'Imana iyo bikozwe neza, ku bw'icubahiro cayo.

> **Daniyeli 1:17, 20**
> *Imana yahaye abo basore bane ubumenyi n'ugutahura mu nyandiko zose no mu bwenge bwose. Umwami abageraageje,*

> *yasanze baruta incuro cumi abahinga bose b'ubwami bwiwe. (Insiguro yacu)*

Daniyeli n'abagenziwe bari imbohe mu gihugu c'abanyamahanga. Ariko ntibahevye kwiga; barize kurusha abandi, kandi Imana irabahezagira. Ukwizera kwabo ntikwababujije kwiga; ni kwo kwatumye biga neza.

> **Imigani 22:29**
> *Uraba umuntu w'umuhinga mu bikorwa vyiwe? Azohagarara imbere y'abami, ntazohagarara imbere y'aboroshe. (Insiguro yacu)*

Uyu murongo uratwereka ko ubuhanga n'ubwitonzi mu bikorwa bifungura imiryango. Ntibivuga ko umuhinga wese azoba umukozi w'umwami, ariko vyerekana ko gukora neza bifise agaciro imbere y'abantu n'imbere y'Imana.

Akarorero

Ngendakumana (inkuru y'akarorero) ntiyashoboye kwiga kaminuza. Ariko yarafashe ingingo yo gusoma igitabo kimwe buri kwezi, n'iyo coba gito. Yakoresha telefone yiwe gukurikira inyigisho z'ubuntu ku vyerekeye ivyo kubika ibitabo vy'amahera (comptabilité), kandi buri ndwi yasaba umuhinga umwe wo mu karere kiwe kumusubiriramwo ivyo yakoze. Uko imyaka ibiri yahise, yari amaze kumenya bihagije ku buryo amashirahamwe matoyi yo mu karere kiwe yatanguye kumusaba kubafasha. Ntiyari afise urupapuro rw'umutsindo, ariko yari afise ubumenyi, ubwizigirwa n'abantu bamwizera. Yari yabaye umuhinga ku buryo batashobora kumwirengagiza.

Amakosa yo kwirinda

- Kwibaza ko kubura amashure ya kaminuza bihagarika kwiga kwose.
- Gusoma ibintu vyinshi ariko ntubishire mu ngiro.
- Kwiga gusa ivyo ukunda, ugaheba ivyo ukeneye.
- Gusubiramwo ivyo usanzwe uzi, ukibaza ko uriko urakura.

- Gukoresha imbuga ngurukanabumenyi amasaha menshi ariko ntiwige ikintu kizima.

Intambwe ngirakamaro

- Andika ubumenyi n'ubuhanga butatu ukeneye kugira ngo iyerekwa ryawe rishike.
- Kuri bumwe bwose, andika uburyo bwo kubwiga butakuzanira ikiguzi kinini.
- Hitamwo bumwe, uhe iminota mirongo itatu buri munsi yo kubwiga muri iyi misi mirongo itatu, ukoresheje ibimenyetso bine vy'ukwimenyereza gufise intumbero.
- Rondera umuntu umwe azokwereka aho wakoze neza n'aho ukwiye guhindura.

Ibibazo vyo kwiyumvira

- Ni ikihe kintu ukeneye kwiga ariko ukaba umaze igihe ukirindira?
- Ni ryari uheruka kuvuga ngo "sinshobora"? Ivyo none wovyita ngo "sindabimenya"?
- Ni nde wobaza kukwigisha ivyo azi?

UMWIMENYEREZO

Hitamwo igitabo kimwe canke inyigisho imwe ijanye n'iyerekwa ryawe. Ugitangure muri iyi ndwi, uhe umwanya wawe ku kirangamisi. Nk'uko Ben Carson yabigize, andika inyuma ya buri gice ivyo wize mu mirongo itatu.

Ubu ko dufise ishusho itomoye n'ubumenyi turiko turongereza, dukeneye kwiyumvira ingene tuzoshika: guharura ibiciro no gutegura umugambi.

3.3 Guharura ibiciro no gutegura umugambi w'ibikorwa

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"Iyo udategura, uba uriko urategura gutsindwa."

— BIKUNZE KWITIRIRWA BENJAMIN FRANKLIN

Ikibazo c'urwaruka

Hari abantu batangura ibintu vyinshi ariko ntibaheze na kimwe. Batangura ishirahamwe, bagatangura ubucuruzi, bagatangura amashure y'indimi… hanyuma bakareka igihe ingorane za mbere zije. Ubuzima bwabo bumeze nk'ikibanza cuzuyemwo inyubakwa zitaheze. Kenshi, ikibazo si ukubura umwete; ni ukutaharura ibiciro imbere yo gutangura. Uwutaharuye igiciro imbere yo gutangura azoharurirwa n'ingorane mu nzira, kandi ingorane ntiziharura neza.

Insiguro

Guharura ibiciro ni ukwibaza imbere yo gutangura uti: "Iyerekwa ryanje rizonsaba iki?" Ibiciro si amahera gusa. Harimwo:

- **Umwanya:** amasaha angahe ku ndwi? Imyaka ingahe?
- **Amahera:** ni angahe akenewe? Nzoyakura hehe?
- **Ubumenyi:** ni ibiki nkeneye kwiga?
- **Imibano:** ni ibiki nzoheba? Ni abantu nzoreka kumarana na bo umwanya mwinshi?
- **Ivyo nzohebera:** iyo mvuze "ego" kuri iri yerekwa, ni ibiki ntegerezwa kuvugira "oya"?
- **Ingorane zishoboka:** ni ibiki vyoshobora kugenda nabi? Nzobikora gute?

Iyo umaze guharura ibiciro, utegura umugambi w'ibikorwa. Umugambi mwiza ugizwe n'intumbero nyamukuru, igacamwo intumbero ntoya, kandi intumbero ntoya imwe yose igaherekezwa n'ibikorwa vyumvikana bifise igihe.

Ubuntu buzimvye

Dietrich Bonhoeffer, umushumba w'Umudage yarwanije ubutegetsi bwa Hitler, yanditse igitabo *The Cost of Discipleship* (Nachfolge) mu 1937. Ngaho yatandukanije "ubuntu bworoshe" n'"ubuntu buzimvye." Ubuntu bworoshe ni ugushaka imigisha y'Imana ata kwiyemeza kuyikurikira, ata musaraba. Ubuntu buzimvye ni uguhamagara umuntu gukurikira Kristo n'umutima wose, kandi ubwo buntu bumusaba vyose. Bonhoeffer ntiyavyanditse gusa: mu kwezi kwa kane 1945, yishwe n'abanazi kubera ukwizera kwiwe n'ukurwanya akarenganyo.

Ico tuvyigiramwo ni iki: iyerekwa riva ku Mana rifise igiciro. Kandi ico giciro si ikimenyetso c'uko Imana itari kumwe nawe. Kenshi, ni ikimenyetso c'uko uriko uragenda mu nzira nyakuri. Ibintu vy'agaciro ntibigurwa make.

Ukwizera ntikwirengagiza ukuri

Jim Collins, mu gitabo ciwe *Good to Great*, avuga inkuru y'umusirikare mukuru w'Umunyamerika James Stockdale, yamaze hafi imyaka umunani ari imbohe mu ntambara ya Vietnam, akubitwa kenshi. Collins yamubajije abafungwa batashoboye kurokoka abo ari bo. Stockdale yamwishuye ati: "Ni abizera ibinyoma." Ni abavuga bati: "Tuzosohoka imbere ya Noweli." Noweli igashika igaca. Bakavuga bati: "Tuzosohoka imbere ya Pasika." Pasika igashika igaca. Gushika umutima wabo uhenebereye.

Stockdale yasobanuye ko ukwizera ko uzotsinda ku mpera kudakwiye na rimwe kuvangwa n'ukwirengagiza ukuri gukomeye kw'uyu munsi. Collins yise ivyo "inkurikizi ya Stockdale" (Stockdale Paradox). Ku mukristo, iyo ni yo nzira y'ubwenge: ndizera ntashidikanya ko Imana izoshikana iyerekwa ryanje, kandi ndaraba ukuri kwose n'amaso yuguruye: amahera mfise, ubumenyi mbuze, ingorane ziri imbere. Guharura ibiciro si ukubura ukwizera; ni ukwizera gufise amaso.

Tangura uzirikana iherezo

Ingeso ya kabiri Stephen Covey yigisha ni "gutangura uzirikana iherezo." Avuga ko ibintu vyose vyubakwa incuro zibiri: incuro ya mbere mu bwenge, incuro ya kabiri mu bikorwa. Umwubatsi abanza gushushanya inzu yose ku mpapuro imbere yo gushinga ibuye na rimwe. Nimba utabanje kwubaka iyerekwa ryawe mu bwenge no ku rupapuro, uzoryubaka mu bikorwa vyumuvurungano, bitume usambura kenshi ivyo wubatse.

Intumbero nziza: ibimenyetso bitanu

- **Riratomoye:** ivuga neza ico ushaka. "Kwiga" ntibitomoye; "kwiga ivyo kubika ibitabo vy'amahera" biratomoye.
- **Rirashobora gupimwa:** urashobora kumenya nimba wayishitseko. "Kuziganya" ntibipimwa; "kuziganya amafaranga ibihumbi bibiri buri ndwi" birapimwa.
- **Rirashoboka:** riragora gato, ariko ntiriri hanze y'ubushobozi bwawe n'ivyo ufise.
- **Rirahuye n'iyerekwa ryawe:** rikwegereza aho ushaka gushika.
- **Rifise igihe ntarengwa:** "imbere y'impera z'ukwezi kwa gatandatu."

Kuva kw' iyerekwa gushika ku gikorwa c'uyu munsi

Umugambi mwiza umeze nk'urwego rufise intambwe nyinshi:

- **Iyerekwa:** aho ushaka gushika mu myaka itanu canke cumi.
- **Intumbero y'imyaka itatu:** intambwe nini ya mbere.
- **Intumbero y'umwaka:** ico uzoba washitseko mu mezi cumi n'abiri.
- **Intumbero z'amezi atatu:** ibice bitatu canke bine vy'intumbero y'umwaka.
- **Ibikorwa vy'indwi:** ico uzokora muri iyi ndwi.
- **Igikorwa c'uyu munsi:** intambwe imwe ntoya.

Benshi barahagarara ku ntambwe ya mbere: bafise iyerekwa ryiza ariko ntibazi ico bazokora ejo mu gitondo. Umugambi uhuza ivyo vyose.

Kandi ntusuzugure intambwe ntoya: "Ni nde yasuzuguye umusi w'intango ntoya?" (Zekariya 4:10).

Imigambi yacu n'ubutegetsi bw'Imana

Myles Munroe, mu gitabo *The Principles and Power of Vision*, yerekanye ko iyerekwa rikeneye umugambi utomoye kugira ngo rive mu mutima rigere mu bikorwa. Ariko Bibiliya iratwibutsa kandi ko imigambi yacu iri mu minwe y'Imana (Imigani 16:9; Yakobo 4:13-15). Yakobo ntiyabuza abantu gutegura; abuza ubwibone bw'abategura nk'aho ejo ari ivyabo. Umukristo ategura afise guca bugufi, avuga ati: "Nimba Umwami abishaka, tuzokora iki n'iki."

Dwight Eisenhower, umusirikare mukuru yayoboye ingabo z'abafatanyabikorwa mu ntambara ya kabiri y'isi yose, hanyuma akaba umukuru w'igihugu ca Amerika, yavuze ko imigambi ubwayo itagira agaciro, ariko ko gutegura ari vyose. Yashaka kuvuga iki? Umugambi wanditse urahinduka; ariko igikorwa giteguwe kiraguhindura: kiragufasha kumenya neza ivyo urwana na vyo, ku buryo igihe ibintu bihindutse, utaguma uhagaze utazi ico wokora. Twebwe dutegura neza, ariko twemera guhinduka igihe Imana itujanye mu yindi nzira.

Kwitegurira ingorane

Umugambi mwiza ntiwirengagiza ingorane. Gary Klein, umushakashatsi mu vyerekeye ingene abantu bafata ingingo, yashinze uburyo yise "isuzuma ry'imbere y'urupfu rw'umugambi" (premortem). Ni ibi: imbere yo gutangura, ibaze uti: "Reka nibaze ko umwaka umwe wahise, kandi umugambi wanje watsinzwe rwose. Ni ibiki vyatumye utsindwa?" Andika impamvu zose ubona. Ubwo buryo burafasha kubona ingorane abizera bonyene batoshobora kubona.

Ku ngorane nkuru yose ubonye, ibaze ibibazo bitatu: "Iki gishobora gushika gute? Coba gifise ingaruka zingana iki? Nzokora iki nimba gishitse?" Nimba uzi ko amahera ashobora kubura, tegura uburyo bwa kabiri: gutangura bitoya, kurondera akazi k'igice c'umunsi, canke gufatanya n'uwundi. Iyo ufise uburyo bwa kabiri, ingorane ntizokubera ikizibizo ku buryo wiyumva ko ukwiye kuheba vyose. Koresha ibicapo biri ku mpera y'iki gitabo.

Ishingiro rya Bibiliya

> **Luka 14:28-30**
> *Ni nde muri mwebwe ashaka kwubaka umunara atabanza kwicara ngo aharure ikiguzi, kugira ngo amenye nimba afise ivyo kuwuheza? Kuko nimba yubatse umushinge ntashobore kuwuheza, abaraba bose bazomutwenga. (Insiguro yacu)*

Muri iki kiyago, Yesu ariko avuga ikiguzi co kuba umwigishwa wiwe. Ntavuga ivy'ubucuruzi canke inyubakwa nk'intumbero nyamukuru. Akarorero yakoresheje karerekana ingingo y'ubwenge abantu bose bari bazi: umuntu w'ubwenge arabanza guharura imbere yo gutangura. Ico tuvyigiramwo ni uko gukurikira Kristo, kimwe n'ibindi bikorwa bikomeye vy'ubuzima, bisaba kwiyemeza gushika ku mpera, atari ugutangura gusa.

> **Itanguriro 41:33-36**
> *Yosefu abwira Farawo ati: Nuko Farawo arondere umuntu w'ubwenge, amushire ku gihugu. Muri iyi myaka indwi y'uburumbuke, bazegeranye igice ca gatanu c'ivyimburo, bakibike, kugira ngo kizobe imfungurwa mu myaka indwi y'amapfa. (Insiguro yacu)*

Yosefu ntiyahawe ihishurirwa gusa; yahawe n'umugambi. Yaramenye ko ivyo bizoza, yaraharuye igiciro (igice ca gatanu c'ivyimburo), ashiraho uburyo bwo kubika, kandi yemera imyaka cumi n'ine y'ibikorwa bidahagarara. Ihishurirwa ritagira umugambi ryari kwerekana gusa ko inzara izoza; umugambi ni wo warokoye ibihugu.

> **Imigani 24:27**
> *Banza utunganye ibikorwa vyawe vyo hanze, utegure umurima wawe; hanyuma ubone kwubaka inzu yawe. (Insiguro yacu)*

Uyu murongo uratwigisha urutonde rw'ibikorwa: banza ushire hamwe ibizogutunga, hanyuma wubake. Abenshi bubaka inzu imbere yo kurima umurima, bagaca babura ivyo bazorya mu nzu nziza.

> **Imigani 6:6-8**
> *Wa munebwe we, raba ivyo ikimonyo gikora, uvyigireko ubwenge. Nta muyobozi gifise, ariko mu ci kibika imfungurwa zaco. (Insiguro yacu)*
>
> **1 Ngoma 22:5**
> *Dawidi ati: Umuhungu wanje Salomo aracari muto, kandi inzu y'Uhoraho ikwiye kuba nziza cane. Ni co gituma ngiye kumutegurira ibikenewe. Nuko Dawidi ategura ibintu vyinshi imbere y'urupfu rwiwe. (Insiguro yacu)*

Dawidi ntiyemerewe kwubaka urusengero, ariko yategura ivyo uwundi azokoresha mu kurwubaka. Iyerekwa rinini rirengeye ubuzima bw'umuntu umwe. Hari ivyo ushobora gutegura uyu munsi bikazosarurwa n'abazoza inyuma yawe.

> **Imigani 21:5**
> *Imigambi y'umunyamwete izana ivyiza vyinshi; ariko uwihutira vyose ashika mu bukene. (Insiguro yacu)*

Akarorero

Kwizera, wa musore twavuze mu ntangamarara y'iki gitabo, yarafashe ingingo yo gukurikira iyerekwa ryiwe ryo gusana ibikoresho vy'umuyagankuba. Imbere yo gutangura, yarabanje guharura ibiciro:

- **Umwanya:** amezi atandatu yo kwiga ku muhinga, yamaze imyaka myinshi muri uwo mwuga.
- **Amahera:** ibikoresho vy'ibanze bigura amahera atari make; yafashe ingingo yo kuziganya buri ndwi.
- **Ubumenyi:** gutahura ivyimiyagankuba, gukoresha ibikoresho, kuvugana n'abakiriya no kubika ibitabo vy'amahera.
- **Ivyo azohebera:** kugabanya umwanya yamarana n'abagenzi ku mpera z'indwi.
- **Ingorane:** ashobora kubura abakiriya mu ntango; yategura kubanza gukorera mu nzu y'umuryango imbere yo gukodesha iduka.

Hanyuma yarakoze "isuzuma ry'imbere y'urupfu rw'umugambi". Yibajije ati: "Nimba nyuma y'umwaka nzoba natsinzwe, vyoba vyatewe n'iki?" Yasanze impamvu zibiri zikomeye: kubura abakiriya bamwizera, no gukoresha amahera y'ibikoresho mu bindi. Ku ya mbere, yafashe ingingo yo gusana kubuntu ibikoresho vy'abantu cumi bo mw'ishengero ryiwe kugira ngo bamumenyekanishe. Ku ya kabiri, yaruguruye ikonti y'amahera y'ibikoresho gusa.

Umugambi wiwe w'amezi cumi n'abiri wari ugizwe n'intambwe zitomoye. Ntiwamukingiye ingorane zose, ariko waramufashije kutihebura igihe zije, kuko yari yarazibonye imbere.

Amakosa yo kwirinda

- Gutangura udafise umugambi, ukizera ko "bizogenda neza."
- Gutegura cane ku buryo utigera utangura.
- Kwibaza ko guharura ibiciro ari ukubura ukwizera.
- Kwirengagiza ukuri kw'uyu munsi kubera ukwizera kw'ejo.
- Gutegura umugambi ntuwusubiremwo igihe ibintu bihindutse.

Intambwe ngirakamaro

- Andika intumbero nyamukuru imwe y'iyerekwa ryawe ku mwaka umwe.
- Yicemwo intumbero ntoya zitatu: iz'amezi atatu, atandatu n'icenda.
- Kuri buri ntumbero ntoya, andika ibikorwa bitatu vya mbere.
- Andika ibiciro vyose (umwanya, amahera, ubumenyi, imibano, ivyo uzoheba) n'ingorane zishoboka.
- Kora isuzuma ry'imbere y'urupfu rw'umugambi, hanyuma utegure inyishu ku ngorane zibiri nkuru.

Ibibazo vyo kwiyumvira

- Hari igikorwa watanguye ukareka? Ni ikihe kiguzi utari waharuye?

- Ni ikihe kintu ukwiye kuvugira "oya" kugira ngo ushobore kuvugira "ego" iyerekwa ryawe?
- Ni iyihe ngorane ushobora kubona imbere, ukayitegurira kuva ubu?

UMWIMENYEREZO

Koresha igicapo c'intumbero z'iminsi mirongo itatu kiri ku mpera y'iki gitabo. Uzuza intumbero imwe y'iyi minsi mirongo itatu, hamwe n'ibikorwa vya buri ndwi. Hanyuma uyereke umuntu umwe wizigira, umusabe kukubaza buri ndwi aho ugeze.

Umugambi mwiza ntukora wonyene. Ukeneye indero ya buri munsi. Iyo ndero ni yo igitabo ca kane c'uru ruhererekane kivuga.

Iherezo ry'iki gitabo

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Muri iki gitabo ca gatatu, twabonye ko kwitegura bigizwe n'inkingi zitatu zijana. **Amavi:** isengesho riradutegura mu mutima, riradufasha kumenya ugushaka kw'Imana, gusukura umutima no kuronka ubwenge n'ubutwari. **Umutwe:** ukwiga kuraduha ubushobozi; twabonye ivyiyumviro vy'ugukura, umwete uharurwa incuro zibiri, n'ukwimenyereza gufise intumbero. **Amaboko:** guharura ibiciro no gutegura umugambi bihindura iyerekwa intambwe zifadika, kuva ku ntumbero y'imyaka gushika ku gikorwa c'uyu munsi.

Myles Munroe yakunda kuvuga ko ahantu hari ubutunzi bwinshi kuruta ahandi kw'isi ari mu marimbi. Ngaho haryamye ibitabo bitigeze vyandikwa, amashirahamwe atigeze ashingwa, indirimbo zitigeze ziririmbwa, n'amategeko atigeze ashingwa. Ubu abantu benshi ntibabuze inzozi, babuze kwitegura, canke babuze ubutwari bwo gutangura.

Ntureke iyerekwa ryawe rijane nawe mu mva. Imana ntihamagara gusa abashoboye; ishoboza abo yahamagaye. Ariko iragusaba kwemera igihe c'intago mu mizi: amavi apfukamye, umutwe wiga, amaboko ategura. Umugano urakura mu bwihisho imbere yo kwerekana uburebure bwawo. Uyu munsi, tangura gukwiragiza imizi yawe.

Umugambi mwiza ukeneye indero ya buri munsi. Ni vyo igitabo ca kane, *Indero y'umwanya, y'ingeso n'iy'amahera*, kizoganirako.

Ingingo yanje

Igihe co gusenga buri munsi: .....

Ubumenyi nzotangura kwiga: .....

Intumbero yanje y'iminsi 30: .....

Umuntu azonkurikirana: .....

Itariki: .....

Umukono: .....

ISENGESHO

Mwami, ndagushikirije imigambi yanje. Unyigishe gusenga, kwiga no gutegura nk'umuntu w'ubwenge. Ndinda ubwibone bw'abategura nk'aho ejo ari iryabo, kandi undinde n'ubwoba bw'abadatangura na rimwe. Ugushaka kwawe kube mu buzima bwanje. Amen.

Indongozi y'iminsi indwi

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Iyi ndongozi iragufasha gushira mu ngiro ivyo wasomye muri iki gitabo. Buri munsi ufise ivyo usoma canke wiyumvira, igikorwa kimwe gitomoye, n'ikibazo co kwisuzuma. Ivyo bikorwa biroroshe kandi ntibisaba amahera. Nimba uhushije umunsi umwe, ntucike intege: bandanya ejo.

Umunsi	Gusoma no kwiyumvira	Igikorwa	Ikibazo co kwisuzuma
1	Ingingo 3.1; Nehemiya 1	Shiraho iminota cumi y'isengesho buri munsi ku vyerekeye iyerekwa	Isengesho ryanje ririmwo ukwumviriza?
2	Ingingo 3.1; Luka 6:12-13	Tangura igitabo c'amasengesho; andika ingingo imwe ukwiye gusengera	Ni iki numvise uyu munsi?
3	Ingingo 3.2; Luka 2:52; Kuvayo 31:1-5	Andika ubumenyi butatu ukeneye	Ni ubuhe bwa mbere nkwiye kwiga?
4	Ingingo 3.2; Daniyeli 1:17-20	Rondera uburyo bw'ubuntu bwo kwiga ubumenyi bumwe, utangure uyu munsi	Natanguye kwiga, canke ndacarindira?
5	Ingingo 3.3; Luka 14:28-30	Uzuza igicapo co guharura ibiciro	Ndemera kwishura ico kiguzi?
6	Ingingo 3.3; Itanguriro 41:33-36	Kora isuzuma ry'ingorane; andika intumbero y'umwaka n'intumbero ntoya zitatu	Intumbero zanje zirapimwa?
7	Imigani 16:3; Zekariya 4:10	Uzuza igicapo c'intumbero z'iminsi 30; uyereke umuntu wizigira	Nashikirije Imana umugambi wanje?

Ibikoresho vyo gushira mu ngiro

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Igicapo co guharura ibiciro

Andika ico iyerekwa ryawe rizogusaba muri buri gice, aho uzokironkera, n’ingorane zishoboka.

Ikiguzi	Ivyo bisaba	Aho nzobironkera	Ingorane zishoboka
Umwanya			
Amahera			
Ubumenyi			
Imibano			
Ivyo nzohebera			
Ibindi			

Isuzuma ry'imbere y'urupfu rw'umugambi

Ibaze uti: "Umwaka umwe wahise, kandi umugambi wanje watsinzwe. Kubera iki?" Andika impamvu, hanyuma utegure inyishu.

Ingorane	Ishobora gushika gute?	Ingaruka (nkeya / nyinshi)	Ico nzokora
1			
2			
3			

Igicapo c'intumbero z'iminsi mirongo itatu

Intumbero nyamukuru y'iyi minsi 30: .....

Indwi	Intumbero y'indwi	Ibikorwa bitatu	Vyakozwe?	Ivyo nize
1				
2				
3				
4				

Ivyanditswe vyatoranijwe

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Isengesho

- Nehemiya 1:1 gushika 2:9
- Matayo 6:9-13
- Mariko 1:35
- Luka 6:12-13
- Abafilipi 4:6-7

Ukwiga n’ugukura

- Kuvayo 31:1-5
- Imigani 1:5
- Imigani 22:29
- Umusiguzi 10:10
- Daniyeli 1:17-20
- Hoseya 4:6
- Luka 2:52
- 2 Petero 3:18

Ugutegura

- Itanguriro 41:33-36
- 1 Ngoma 22:5
- Imigani 6:6-8
- Imigani 16:1-3, 9
- Imigani 21:5
- Imigani 24:27
- Zekariya 4:10
- Luka 14:28-30
- Yakobo 4:13-15

Ibitabo vyifashishijwe

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Ivyiyumviro vy'abanditsi bavugwa muri iki gitabo vyasiguwe mu majambo yacu; nta jambo ryabo ryasubiwemwo uko riri. Ivyo bitabo vyanditswe n'abantu b'ivyiyumviro bitandukanye; kuvyifashisha ntibisobanura ko twemera ivyo bigisha vyose.

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Ibijanye n’umwanditsi

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Pasteur NDAYISENGA Wenceslas ni umukozi w’Imana n’umwigisha muri kaminuza. Ari mu bashinze Kingdom Life Community.

Yanditse ibitabo bitandukanye. Muri vyo harimwo uru ruhererekane rw’ibitabo bitandatu, *N’ABANDONNE JAMAIS TA VISION OU TON RÊVE*, rwanditswe kugira ngo rufashe urwaruka kumenya, kurinda, gutegura no gushikana iyerekwa ryarwo mu nzira y’Ubwami bw’Imana.

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